

## The Performance Block Indicator

How does one know whether she needs more business strategy or whether it is a mindset block preventing her from getting to their next level? Well, that's exactly what the Performance Block indicator helps you to understand.

Whether you are in the early stages of your business or a seasoned businessperson, this will help you see exactly where you need to shift so that you can accelerate your growth, impact, and results with less resistance and force.

Do you have the strategic know-how to get the result?

- If no, then you need the business strategy so that you have the steps to get to the result.
- If yes, but you are still not taking those necessary actions you are experiencing a mindset block.

Here's the truth: The minute you know WHAT to do but you are not doing it and it is within your skillset, knowledge, or expertise to do so there is a subconscious benefit to not completing that action; mindset and energy work helps you to understand what that benefit is and clear that resistance around it.

Are you more committed to the way or strategy to getting to your desired result or are you more committed to the end result and unattached to how to get there?

- If you are more committed to the specific strategy, you are experiencing a mindset block.
- If you are more committed to the result and yet you are not implementing any strategy, you need to get a specific strategy that you can follow-through on that one strategy and allow for it to produce the desired result.

Here's why it is important to know where you stand on this: Let's say you want to create \$500K in your business and you don't know how you will achieve the income goal.

If your business coach advises you to use an offline strategy that will get you to your desired result more quickly and efficiently yet you decide you want to continue with the strategy that got you to your first \$100K even though it is clear that it is less efficient, less effective, and less enjoyable you are demonstrating that you are more committed to the specific strategy than the result of \$500K.

On the other hand, if your business coach advises you to use the offline strategy that will get you to your desired result more quickly and efficiently and you decide to just commit to following through on whichever way gets you to your \$500K, you are more committed to the end result.

You want to be at the place where you are more committed to the result than the specific strategy or tactics to seeing your result through.

Are you refusing support, guidance, collaboration, and partnerships which would help you grow faster and have greater impact in your business? If yes, you are experiencing a mindset block. The reason why we can immediately know this is because there is something internally telling you that it is better for you to do it yourself, refuse support, or maybe you even believe that “if you don’t do it yourself it won’t get done correctly.”

Tune into why you are refusing support or challenge everyone who attempts to support you because there is a subconscious benefit to you achieving your result less quickly and efficiently. This is actually another example of controlling the “how” to your big goal.

Where do you stand? Are you in need of support but resistant to accepting it or do you have the know-how and experience to complete the tasks that will get you to your next level?

I’d love to know.

P.S. If you would like to learn more about how I can help you move forward and reach your income goals while clearing your mental and energetic blocks simultaneously, schedule a complimentary call with me today to talk about my 1-2 punch - The Sovereign Mastermind experience.

Click here: [www.amandahines.as.me/connectioncall](http://www.amandahines.as.me/connectioncall)

I look forward to speaking with you soon!